



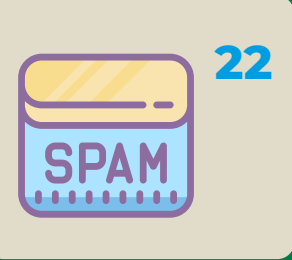
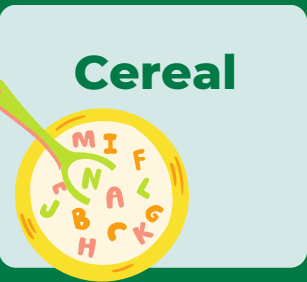




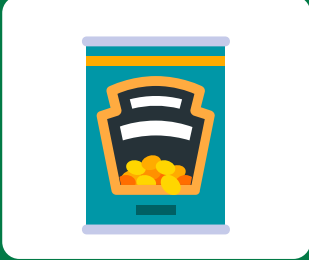



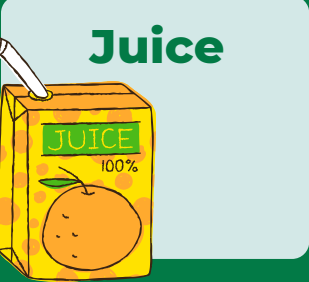


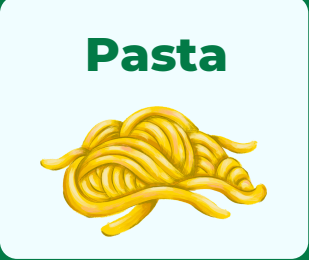





## Shopping List

- Fruit juice (1 litre)
- Pasta
- Rice
- UHT Milk (2 litres)
- Baked Beans
- Spaghetti in Sauce
- Tinned Fish
- Tinned Fruit
- Tinned Meat
- Tinned Soup
- Tinned Tomatoes
- Tinned Vegetables
- Biscuits
- Easter Egg

	Mon	Tue	Wed	Thu	#Foodbank Friday	Sat	Sun
			22 Ash Wednesday	UHT Milk 	Check our website for #Foodbank Friday updates	Biscuits 	
	Tomatoes 	28 JUICE 100% 	Custard 		3 Antrim foodbank 		Rice 
	6 JAM 	Pasta 		Coffee 	10 Antrim foodbank 	Tea 	
	Snacks 	14 		Crisps 	17 St Patrick's Day 	meat 	Spreads 

## Shopping List

- Cereal
- Coffee
- Crisps
- Custard
- Jam
- Rice Pudding
- Snack Bars
- Spreads
- Tea
- Deodorant
- Sanitary Products
- Shampoo
- Shower Gel
- Soap
- Toothbrush
- Toothpaste

	mon	tue	wed	thu	#Foodbank Friday	sat	sun
	 20	 Lentils	 22	 Cereal		 25	 UHT Milk
	 Toiletries		 29	 TUNA	 31	 Juice	 Palm Sunday
		 Pasta	 Spy Wednesday	 Holy Thursday 6	 Good Friday	 Holy Saturday	 Easter Sunday



028 9454 8555